

November 2021 Self-Reflection Questions

1. What did this case presentation bring up for you? Is there a parallel in your life or practice?
2. Do you ever get overwhelmed with your client's condition and life situation? How does it make you feel and behave?
3. What if it is a family member with a complicated health or mental condition? How does it make you feel and behave?
4. Are you ever overwhelmed with your own state of health or state of mind? What has happened to you?
5. Ever doubt your connection with client's inner wisdom?
6. Ever doubt your connection to your inner wisdom?