

3. What experiences have you had treating clients who have had full body discharges (shaking, violent twitching, high levels of intermittent pain)? What dialogue techniques have you used to assist your client navigate through the releasing process? Did you shift your personal grounding or touch? Did you feel it is safe for the client to release so intensely?

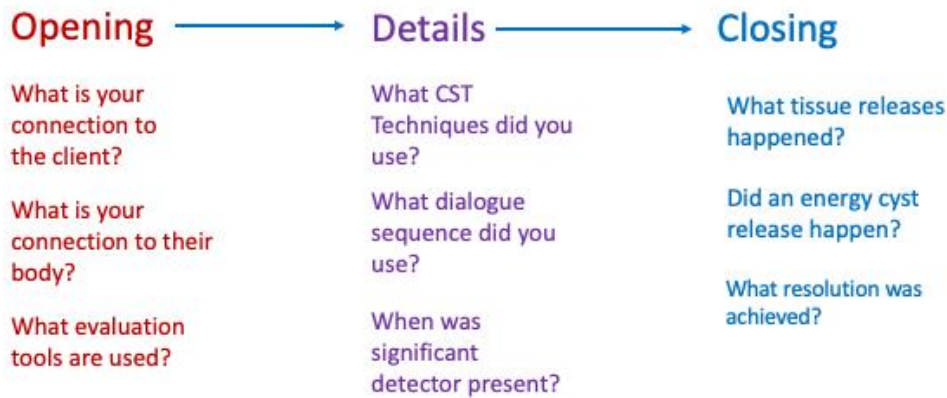
4. There are a wide variety of childhood experiences that have a deep effect on our health. Is there a difference if the event is of an abusive nature verse one where a negative self-belief is established? If so, what is it?

5. How do you change your approach with dialoguing if the client is not forth coming with a memory?

6. When is it appropriate to give recommendations for home exercises or working with other professionals?

We are using this **Components of SER** session as our format

Components of SER session



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What was therapist's connection to the client?

What was therapists' approach to the client at the start of the session? Was a description of CST/SER introduced? Was it necessary?

What is therapist's connection to the body?

Evaluation – Was an evaluation done? If so, how was it done? What was learned with the evaluation? Did it affect how the therapist started the treatment?

CST techniques - What CST techniques were used? Do you understand why? Would you have approached it differently? What releases happened? How were they identified?

Therapeutic Imagery and Dialogue – How was dialogue approached? What phrasing did you find helpful? What did you find interesting about the dialogue used? Would you have asked something different?

Significance Detector - How did significance detector influence the session? How was the SD determined/recognized?

Energy cyst - Was there an energy cyst release identified? Was there a true energy cyst release? Did the energy cyst release during dialogue? Was dialogue necessary for the release?

Resolution - How did session(s) end? Was there resolution through the dialogue?