

Case Presentation, January 2021

Client is a 30-year-old woman with significant history of anxiety and forgotten childhood events

Presented by
Carolina Joos, LMT, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Thank you Carolina from Buenos Aires Argentina

1. How do you connect with very anxious clients..or with yourself?
2. What did you learn about patience and trusting the pace of the client?

Case Presentation, February 2021

Client is a 32-year-old new mom with a sleep disorder



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Thank you Susan Steiner

1. The importance of good structural CST work.
2. What influence does sleep deprivation play in health?
3. What does body shaking mean?

Case Presentation, March 2021

Client is an 18-year-old young man with Autism

Presented by
Orla Ilien CST - T
Galway, Ireland



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Thank you Orla from Galway, Ireland

1. What did you learn about Autism?
2. Connecting to IP without dialogue, how has that improved for you?
3. Can you modulate the CST touch?
4. Is there a level of disability you are not comfortable with?

Case Presentation, April 2021

Client is a 4-month-old infant. Video of 2 treatment sessions are included.

Presented by

Susan Steiner OTR/L, CST-D
Rhode Island, USA



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Susan Steiner

1. Have you worked with more infants since you watched this video?
2. What are the most important quality of touch to use with infants?
3. Do you trust yourself with infants?
4. How do you feel about their disabilities?

Case Presentation, May 2021

Client is a 38-year-old woman with TMJ, tinnitus, anxiety and history of emotional concerns from her childhood.

Presented by

Tammy Schreiber, RN, CST - T
Texas, USA



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Tammy from Texas

1. There were many wonderful ideas for dialogue, including the submarine journey through the body. Have you used this or something similar?
2. How has your use of Significance Detector changed?
3. Have you been more aware of sympathetic overdrive?

Case Presentation, June 2021

Client is a 74-year-old woman diagnosed with Lyme Disease and its variety of symptoms

Presented by

Lynn Winters, OTR/L
Maine, USA



Specializing in CranioSacral Therapy & SomatoEmotional Release

Susan Steiner
OTR/L, CST-D



Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Lynn from Maine

1. What did you learn about Lyme disease? Have you considered this diagnosis again?
2. How do you start when your evaluation gives you many different pieces of information as well as all the symptoms of the client?
3. How do you re-focus the client during a conversation when the SD comes on?
4. How does it feel to be connected to someone with a chronic illness?

Case Presentation, July 2021

CST in a life and death situation.

The client is Jane's father. He was 69 years old at the time of this situation.

Presented by

Jane Kerr, MSc, BSc (Hons), MCSP, HPC
Scotland



Susan Steiner
OTR/L, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Jane from Scotland

1. What is it like to treat someone in your own family?
2. The importance of the role of one's organ's in healing was highlighted. Have you focused more on them in your work?
3. How important is it for the client to participate in their imagery and their intention to get better?
4. What feelings came up for you listening to this life or death situation?

Case Presentation, August 2021

The client is a 56-year-old man with severe low back and sacral pain who discovered how his childhood experiences influence him today.

Presented by

Palma Puzzuoli, L.M.T.
Massachusetts, USA



Susan Steiner
OTR/L, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Palma from Massachusetts

1. Have you seen a global energy cyst again?
2. Are you asking about childhood experiences when someone has a chronic pain?
3. Are you more aware of the vagus nerve and how to treat it?
4. When listening to someone's self beliefs, are you aware how this effects their influence on their overall attitude and health? What do you do with this information?

Evaluations, September 2021

The Library of Knowledge is in your Hands

Presented by

Dr. Lisa Upledger DC, CST-D, FIAMA
Florida, USA



Susan Steiner
OTR/L, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Dr Lisa Upledger.

1. How did you change your evaluation process?
2. What new ideas did you incorporate?
3. Have you blended differently with your client?
4. "Library of knowledge is in your hands". How has your library developed?

Case Presentation, October 2021

2 examples of complete SER dialogue sequences.

Presented by

Giora Segev, CST-D
Bat Hefer, Israel



Susan Steiner
OTR/L, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Giora for Israel.

1. How has the 2 SER role plays added ideas to the way you dialogue?
2. How do the basic dialogue techniques work in harmony with the Significance Detector?
3. Has your capacity of listening to ALL that is happening improved?
4. Does the emotional situation of your clients reflect anything within yourself?

Case Presentation, November 2021

The client is a 39-year-old woman struggling with Long COVID symptoms for over a year.

Presented by

Hattie Williams, BBS, CST
France



Susan Steiner
OTR/L, CST-D



Specializing in CranioSacral Therapy & SomatoEmotional Release

Copyright © 2021 Susan Steiner. All rights reserved. No portion of this video may be reproduced, distributed or transmitted in any form.

Thank you Hattie from France

1. Are you ever overwhelmed by your clients condition? How do you stay grounded with that?
2. How are you trusting the Inner Physician and has it changed over this year?
3. What determines if you chose to do structural work or initiate dialogue?